

Welcome Taura Riley!

Taura will be leading our Befriending Project and the Good Neighbour Scheme, working to strengthen our community and support those in need.

Hear from Taura directly:

'I'm super happy to be joining the Fulham Good Neighbours team and coordinating the Befriending & Good Neighbour Services! I have been a volunteer telephone befriender for a separate charity for around 2 years now and I enjoy it immensely! I truly believe in the importance and beauty of intergenerational friendships as well as giving your time when able to help/support others. I have loved getting to know beneficiaries and

volunteers who I have met so far and am very much looking forward to meeting more of you!'

If you have any queries in relation to the project you can reach out to her on taurariley@fulhamgoodneighbours.org or call on 07701237160.

Hammersmith & Fulham



March 4th 2025

Social Clubs Timetable

Monday

11:00am - Digital Support 2:00pm - Chair-Based Exercise

Tuesday

10:00am - Art

12:30pm/1:00pm- Silver Lunch (monthly at St Peter Church Hall, Lillie Langtry, Kennedys, & Elephant & Barrel)

Wednesday

1:00pm - Wednesday Lunch

Thursday

11:00am - Reading

1:00pm - Choir

3:00pm - Chair-Based Exercise

Friday

10:00am - Chair-Based Exercise

11:00am - Textiles Workshop

Good Neighbour Scheme

Whether you need assistance with shopping, transport, DIY, errands, or domestic tasks, our dedicated volunteers are ready to lend a hand. We are here to support older people and those with disabilities who may be feeling isolated or in need of a little extra help to make life easier. If you would like to request support or find out more, please contact us on 020 7385 8850 or info@fulhamgoodneighbours.org. Let us be a good neighbour – we're here for you!

Textiles Workshop

We're excited to announce that our Textiles Workshop will now be running for the next 3 months! Led by the talented Marion & Gotti from Fulham Textiles Studio, these hands-on workshops offer a chance to explore fabrics, threads, and colours in a fun and engaging environment.

Whether you're a beginner or an experienced crafter, you can work at your own pace, develop new skills, and even collaborate on group projects.

Interested in joining? If you're already registered, simply drop in and get creative with us!

Location: Rosaline Hall (70 Rosaline Rd,

SW67QT)

When: Every Friday at 11:00am





Announcement

Rosaline Hall Closure

Rosaline Hall will be closed on **Monday 24th March 2025** due to staff training.

There will be NO Digital Support club and Chair-Based Exercise club running that day **ONLY**.

Farewell Olivera Milosevic

Fulham Good Neighbours would like to announce the departure of Olivera Milosevic, our Administration Coordinator. We are incredibly grateful for her years of dedication to the charity, particularly for her invaluable contributions to the development of CharityLog. Her hard work and commitment have made a lasting impact, and she will be greatly missed by all.

Digital Support

Struggling with your phone, laptop, computer, or tablet?

We can send a volunteer to your home at a time that suits you! Our friendly and patient volunteers will guide you through essential digital skills, helping you feel more confident online.

You can also join our Digital Support Club every Monday at 11:00am!

Simply drop-in or contact staff.



Wednesday Lunch Club

A Special Performance at This Week's Wednesday Lunch Club!

Join us for a musical treat at this week's Wednesday Lunch Club, as our very own choir group takes the stage for their third performance since the club began in 2023!

Enjoy a heartfelt 20-minute performance while indulging in a delicious starter, main course, and dessert - a perfect combination of good food and great company.

Location: Rosaline Hall (70 Rosaline Rd,

SW6 7QT) **When:** 1:00pm

If you'd like to join this week's lunch, please get in touch with Ruth George at 07475 051543 or 020 7385 8850.

Volunteer Corner

FGN offers online Mobile Handling and Ladder Safety Training, contact Steve or Barney for access. If you are concerned about a beneficiary, please call 020 7385 8850 or if you are unable to reach a staff member call LBHF Adult Social Care on 0800 145 6095 (8.45 to 5pm, Monday to Friday). Outside office hours contact 020 8748 8588, email

<u>safeguardingadults@lbhf.gov.uk</u> or raise a safeguarding alert by completing and sending in this form.

H&F safeguarding adults at risk concern form
In an emergency please call 999.

Beat the Chill- Free Thermal Vests Available!

As part of the *Winter Support Fund* from **H&F Giving**, Fulham Good Neighbours is offering FREE thermal vests to our beneficiaries. We have men's and women's sizes available to help keep you warm during the colder months.

How to Get Yours:

- 1. Drop by our community centre to collect one.
- 2. Housebound? Give us a call, and we'll arrange a delivery for you on 020 7385 8850.



Contact us

- **©**020 7385 8850
- info@fulhamgoodneighbours.org
- $\textcolor{red}{\textcircled{\textbf{m}}} www. fulham good neighbours.org$

Social Media

- fulgdneighbours
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- Fulham Good Neighbours
- Fulham Good Neighbours Service



Supporters Scheme Form by Standing Order

TITLE	FIRST NAME	LAST NAME	
ADDRESS			
			REGISTERED CHARITY
POST CODE	EMAIL	TELEPHONE NUMBER	1113752
To the Bank Manager NAME OF YOUR BANK (BANK		Standing order mand	Fulham Good
ADDRESS OF YOUR BANK		POST CODE	Neighbours, Rosaline Hall, 70 Rosaline Rd, SW6 7QT, London
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			(MONTHLY/YEARLY/OTHER) HER NOTICE. PLEASE QUOTE REFERENCE:
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STARTING PAYMENT ON PLEASE PAY THE ABOVE AMO ACCOUNT NUMBER: SIGNATURE: Gift Aid declaration (a	TANDING ORDER FOR & / / DUNT TO: THE CO OPERA 67309922 ACCOUNT at no extra cost to you) tax relief on money donated to	AND THEREAFTER UNTIL FURTH SUPPORTERS SCHEME TIVE BANK, BUSINESS DIRECT PO BOX 250, S NAME: Fulham Good Neighbour Service DATE:	SORT CODE: 08-92-99 / / rs giftaid it